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**The Factories Act, 1948**

**Chapter 57 - Night shifts. Where a worker in a factory works on a shift which extends beyond midnight,**

(a) for the purposes of sections 52 and 53, a holiday for a whole day shall mean in his case a period of twentyfour consecutive hours beginning when his shift ends;(b) the following day for him shall be deemed to be the period of twenty-four hours beginning when such shift ends, and the hours he has worked after midnight shall be counted in the previous day. -----